

An Evaluation of the Implementation of Special Sport Class Program of Junior High Schools in Sleman Regency

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Abstract—The special sports class program carried out and implemented by researchers for junior high schools, is still on going with no obstacles recorded so far. The sole objective of this research study is to evaluate the various attributes and quality of the special sports program which includes preparation, implementation and results for Junior High Schools in Sleman District. This research made use of the evaluation research design in evaluating the discrepancy model. Data used in carrying out this research, comprises of students of the State Junior High Schools in Sleman District. The data obtained were analyzed using descriptive quantitative and qualitative technique. The descriptive quantitative technique was utilized to describe each evaluated variable while the descriptive qualitative techniques was used to describe the results of the research data qualitatively.

Keywords—*evaluation, program, special class of sport*

I. INTRODUCTION

Physical education can be defined as one's ability to carry out tasks without undue fatigue. It is a sequence of regular fitness exercises which helps students maintain and increase their physical-and-spiritual growth and development. Hence, physical education should be the highest ranked educational course owing to its invaluable importance [1].

Physical education, sports and health are synonymous with physical interests, organic freshness, and motor fitness. It aims to develop students' physical competence and knowledge of movement and safety, and their ability to use these to perform in a wide range of activities associated with the development of an active and healthy lifestyle. It also develops students' confidence and generic skills, especially those of collaboration, communication, creativity, critical thinking and aesthetic appreciation [2].

The learning process is carried out by utilizing the teaching method, time and learning material, as well as the way or style adopted by the teacher in conveying the skill for students to understand and participate [3].

This sports class is an activity outside the intracurricular activity of students. This activity is expected to increase students interest and talents into becoming potential athletes in the future. The special sport class program, is an effort to strengthen the implementation of a competency-based curriculum programs in junior high schools.. Athletes who

are dependent on their coaches, administrators, and teammates will definitely succeed in performing at an

exemplary level while demonstrating tremendous ethical behaviors [4]Evaluating the special sports class programs in order to identify, prepare, implement, and obtain results based on the achievements or success of students is the aim of the special sports class program teams in Public Middle Schools in Sleman Regency.

II. METHOD

This research makes use of a development gap evaluation research known as discrepancy evaluation model. The model which was developed by Provus, compares the standards of students by determining the actual performance of students after the program [5]. The preparation component of the special sports class program used in carrying out this research study is that of students, fleas/trainers, facilities, and infrastructure. The results of this special sports class program, illustrates the benefits associated with implementing the program and the results of the exercises obtained. All these components are compared to the standard implementation of special sports class programs.

III. RESULT AND DISCUSSION

This study was used to determine the Evaluation of Special Class Sports Programs for State Junior High Schools in Sleman Regency. The technique evaluated the preparation, implementation and results of special sports class programs. Data used in carrying out this study are quantitative and qualitative data. They were obtained through the questionnaire method of data collection in which teachers, trainers, and students responded using quantitative data. The results of the interview guideline comprises of guidelines for interviews with teacher, respondents or trainers and students in the form of qualitative data.

The results of this study consists of 3 components, namely the components of the program preparation, program implementation and the results of special sports class programs in Sleman Regency. Data used in carrying out this research study was made up of 10 trainers/teachers and 52 students. The results of the study are analyzed as follows:

C. Preparation for the Implementation of a Special Sports Class Program

According to the results of the data analysis obtained from the research which categorized the preparation of special sports class programs according to students and teachers/trainers, the following were obtained:.

Preparation for the implementation of special sports class programs according to students.

From the preparation data, students had an average of 29.19, a middle value of 29.5, with a standard value of 30 and a standard deviation of 2.26.

TABLE I. PREPARATION SPECIAL CLASS PROGRAM

No	Interval	Frequent	(%)	Category
1	$X \geq 29,25$	26	50,00	Very Good
2	$22,50 \leq X < 29,25$	26	50,00	Good
3	$15,75 \leq X < 22,50$	0	0,00	Less
4	$X < 15,75$	0	0,00	Bad
Sum		52	100	

The highest score obtained is 35 while the lowest score is 24. From the table above it can be seen that the preparation of special sports class programs in State Junior High Schools in Sleman Regency is highly essential. 50 % of the students are of the opinion that it is a very good development, while the remaining 50% see it as a good development.

Preparation for the implementation of a special sports class program according to the teacher/trainer

From the preparation data, a mean of 34.30, a middle value is 34, and a standard deviation of 1.34 is obtained. The highest score obtained is 33 and the lowest score is 37. The results obtained from the research can be categorized

From the categorical results, it can be concluded that the results of the preparation of the special sports class program in the State Junior High Schools in Sleman Regency are very good 100%.

B. Implementation of Special Sports Class Program

According to students, the evaluation component of special sports class programs comprises of 5 indicators namely, the implementation of special sports class programs, mentoring during program implementation, the training process, and the programs according to the competence of the expertise and teacher/trainer assessment.

Implementation of special sports class programs according to students

From the data obtained, it can be described that the implementation of special sports class program according to students, had an average of 24.00, a midpoint of 24.00, a maximum score of 20, a minimum score of 28 and a standard deviation of 1.79. The results of the study obtained from the implementation of special sports class programs in State Junior High Schools in Sleman Regency, can be categorically presented according to the excellent students 80.77% and good 19.23%.

The Implementation of special sports class programs according to the teacher / trainer from the data, the

implementation of special sports class program according to the teacher / trainer equals 27.80, with a middle value of 28, a maximum and minimum score of 30 and 26, and a standard deviation of 1.32.

From the results of the study displayed, a total percentage of 100% was issued to teachers/trainers with regards to the implementation of special sports class programs in State Junior High Schools in Sleman Regency .

D. The Results of the Implementation of a Special Sports Class Program

Results obtained from the implementation of a special sports class program according to students From the research data, the results of a special sports class program according to students has an average value of 9.96, a middle value of 10, a maximum and minimum value of 7 and 12 respectively and a standard deviation of 1.17. The results of the study can be categorically presented in-line with the results of the special sports class program in State Junior High Schools in Sleman Regency. 71.15% of the students stated that it was very good while 26.92% were of the opinion that it was less good.

Results obtained from the implementation of a special sports class program according to the teacher/trainer from the data above, it can be deduced that the results of the special sports class program according to the teacher/trainer has a mean value of 11, a middle value of 11, a standard deviation of 0.942 with maximum and minimum score values of 12 9. The results of the study can be categorically presented in-line with the results of the special sports class program in State Junior High Schools in Sleman Regency. 90% of the teachers/trainers stated that it was very good while the remaining 10% were of the opinion that it was good.

From the results of the special sports class program analyzed by students and teachers/trainers, it can be stated that special sports class programs have benefited students by 100%. However, analysis by teachers/trainers has it that 100% special sports class program can improve the talents of students with students opining that special sports class programs can contribute immensely to the improvement of their talent by 96.15%.

E. Research Limitations

The following where the limitations of this research study:

a) Difficulty in collecting adequate research data from students with the use of the questionnaire method. This allowed for an objective, and dishonest attitude in the filling process. It also eliminated the time to explain each question to the respondents for proper understanding. 2. In order to collect the right research data with interview guidelines from student respondents, the researcher needs to repeat the questions and explain the questions logically with given provide. But owing to the time constraint, this wasn't possible. A couple of teachers/trainers turned down the interview section without knowing that there was little or no time left to conduct another interview.

b) The researcher cannot control other factors that might influence the results of the study as a whole.

IV. CONCLUSION

Based on the results of research and analysis of the data obtained, this study can be concluded as follows:

1) Evaluation of preparations for special junior high school sports class programs in Sleman Regency shows that the percentage preparation of Junior High Schools according to students be very good with a percentage of 50% and good at a 50% rate. According to the teacher/trainer the preparation of a special class program for state junior high school sports in Sleman Regency is very good at 100%.

2) The implementation of a special class program for state junior high schools in Sleman District shows that a very good percentage of 80.77% and a good 19.23% by students. In the dominant line the implementation of special sports class programs is more dominant. According to the teacher/trainer, the implementation of a special sports class program in Sleman District State Junior High School has a 100% benefit rate for students.

3. The results of the special class program for sports at the State Junior High School in Sleman Regency according to the excellent students 71.15%, both 26.92% and less well 1.92%. While the results of the special sports class program in Sleman District Middle School according to the teacher / trainer are very good 90% and good 10%. Based on the results of the

data it can be concluded that according to the teacher / trainer said 90% is very good, but based on the fact there are still students which states 1.92% is not good. Therefore, according to the results obtained, there is a gap between the teacher/trainer and students. This is because 1.92% of the students can be adequately trained by their respective clubs.

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